

<b>Go on with/ carry on with sthg</b>	Continue (doing something)	Don't let me disturb you. Please carry on with what you're doing	Continuare a fare qualcosa
<b>Keep on (doing sthg)</b>	Do it continuously or repeatedly (always)	He keeps on criticising me. I'm fed up with it!	Fare qualcosa continuamente
<b>Get on</b>	To progress	How are you getting on in your new job?	Fare progressi
<b>Get on (with somebody)</b>	Have a good relationship.	Joanne and Karen don't get on.They're always arguing.	Avere una buona relazione con qualcuno
<b>Get on (with sthg)</b>	Continue doing sthg you have to do (usually after a break or an interruption)	I must get on with my work. I have a lot to do.	Continuare a fare qualcosa dopo un'interruzione.
<b>Doze/ drop/ nod + OFF</b>	Fall asleep	The lecture wasn't very interesting.In fact I dropped off in the middle of it.	Addormentarsi per poco tempo.
<b>Finish sthg off</b>	Do the last part of sthg	Have you finished painting the picture?Nearly.I'll finish it off tomorrow.	Completare
<b>Go off</b>	Explode	A bomb went off in the city centre,but fortunately nobody was hurt.	Esplodere
<b>Go off</b>	Ring	Did you hear the alarm go off?	Suonare
<b>Put smbd off (doing sthg)</b>	Cause smbd not to want sthg or to do sthg	We wanted to go to the exhibition,but we were put off by the long queue.	Togliere la voglia
<b>Rip smbd off</b>	Cheat somebody (Informal)	Did you really pay£1.000 for that painting?I think you were ripped off.	Fregare
<b>Show off</b>	Try to impress people with your ability/your knowledge etc. To boast	Look at that boy on the bike riding with no hands. He's just showing off.	Farsi vedere
<b>Tell smbd off</b>	Speak angrily to smbd because they did smthg wrong	Clare's mother told her off for wearing dirty shoes in the house	Sgridare,to not yell at someone
<b>Put sthg up (on a wall)</b>	To hang	I put some pictures up on the wall	Appendere,attaccare
<b>Pick sthg up</b>	To gather	There was a letter on the floor.I picked it up and looked at it.	Raccogliere (qualcosa o tante cose)
<b>Stand up</b>	Get up on your feet	Alan stood up and walked out	Alzarsi
<b>Turn sthg up</b>	To raise	I can't hear the TV.Can you turn it up a bit?	Accendere,alzare il volume
<b>Take down (from a wall etc.)</b>		I didn't like the picture,so I took it down.	Tirare giù
<b>Put sthg down</b>	To set	I stopped writing and put down my pen	Appoggiare
<b>Sit/Bend/Lie + Down</b>		I bent down to tie my shoelace	Sedersi,inginocchiarsi,sdraiarsi
<b>Turn sthg down</b>	Lower	The oven is too hot.Turn it down to 150 degrees	abbassare

<b>Knock/ Blow/ + down Cut</b>	Demolish	Some old houses were knocked down to make way for the new shopping centre	Demolire, sradicare
<b>Be knocked down</b>		A man was knocked down by a car and taken to hospital	Essere investito
<b>Slow down</b>	Go more slowly	You're driving too fast. Slow down!	Andare più lentamente
<b>Calme down</b>	Become calmer, make sbd calmer	Calm down. There's no point in getting angry	Calmarci
<b>Cut down (on sthg)</b>	Eat, drink or do sthg less often	I'm trying to cut down on coffee. I drink far too much of it.	Fare meno sport, stare a dieta.
<b>Break down</b>	Stop working (for machines, cars) Cry but hysterically	The car broke down and I had to phone for help	Rompere
<b>Close/ Shut + DOWN</b>	Stop doing a business	There used to be a shop at the end of the street; it closed down a few years ago	Cessare attività
<b>Let sbd down</b>	Disappoint sbd because you didn't do what they hoped	You can always rely on Pete. He'll never let you down	Deludere
<b>Turn sbd/sthg down</b>	Refuse an application, an offer etc.	I applied for several jobs, but I was turned down for each one.	Rifiutare
<b>Write sthg Down</b>	Write sthg on paper because you may need the information later.	I can't remember Tim's address. I wrote it down, but I can't find it.	Scrivere solo un appunto. Take down: prendere appunti
<b>Go up/come up/walk up (to..)</b>	Approach. Quicken your pace. Hasten	A man came up to me in the street and asked me for money	Avvicinarsi
<b>Catch up (with sbd)</b>	Continue at the same speed or level.	You're doing well. Keep it up! I can't catch up with you	Raggiungere
<b>Set up (organisation, company, business, system, website etc)</b>	Start it	The government has set up a committee to investigate the problem.	Avviare
<b>Take up (a hobby, a sport, an activity)</b>	Start doing it, begin	Laura took up photography a few years ago. She takes really good pictures.	Iniziare
<b>Fix up (a meeting)</b>	Arrange it, to organize	We've fixed up a meeting for next Monday.	Organizzare
<b>Grow up</b>	Become an adult	Sarah was born in Ireland but grew up in England	Crescere
<b>Bring up (a child)</b>	Raise, look after a child, To rear.	Her parents died when she was a child and she was brought up by her grandparents	Allevare
<b>Clean/Clear/Tidy UP</b>	Make it clean, tidy etc.	Look at this mess! Who's going to tidy up (or to tidy it up)	Ordinare
<b>Wash up</b>	Wash the plates, dishes, after a meal	I hate washing up	Lavare i piatti
<b>End up (somewhere/doing sthg)</b>		There was a fight in the street and 3 men ended up	Sono finiti

		<i>in the hospital</i>	
<b>Give up</b>	<i>Stop trying</i>	<i>Don't give up.Keep trying!</i>	<i>Smettere (a negative habit),Rinunciare,lasciare,cedere (il posto)</i>
<b>Give sthg up</b>	<i>Stop doing it</i>	<i>Sue got bored with her Job and decided to give it up</i>	<i>Lasciare</i>
<b>Make up sthg (active form)</b>	<i>Consist of</i>	<i>Children under 16 make up half the population of the city.</i>	<i>costituiscono</i>
<b>Be made up of sthg (passive form)</b>	<i>Consist of</i>	<i>Air is made up mainly of nitrogen and oxygen.</i>	<i>È costituita</i>
<b>Take up (space or time)</b>	<i>Use space or time</i>	<i>Most of the space in the room was taken up by a large table</i>	<i>Occupare</i>
<b>Turn/Show UP</b>	<i>Arrive ,Appear</i>	<i>We arranged to meet Dave last night,but he didn't turn up.</i>	<i>Presentarsi ,Arrivare</i>
<b>Use sthg up</b>	<i>Use all of it so that nothing is left</i>	<i>I'm going to take a few more photographs.I want to use up the rest of the film.</i>	<i>Finire (es.1 rullino)</i>
<b>Bring up (a topic etc.) (Active form)</b>	<i>Introduce it in a conversation,raise once again</i>	<i>I don't want to hear any more about this matter.Please don't bring it up again</i>	<i>Sollevare (il problema,l'argomento)</i>
<b>Come up (Passive form)</b>	<i>Be introduced in a conversation</i>	<i>Some interesting matters come up in our discussion yesterday</i>	<i>Sono venuti fuori (sono state introdotte)</i>
<b>Make sthg up</b>	<i>Invent sthg that is not true,tell lies</i>	<i>What Kevin told you about himself wasn't true.He made it all up.</i>	<i>Inventare</i>
<b>Cheer up</b>	<i>Be someone happier</i>	<i>You look so sad!Cheer up!</i>	<i>Rallegrare</i>
<b>Cheer smbd up</b>	<i>Make smbd feel happier</i>	<i>Helen is depressed at the moment.What can we do to cheer her up?</i>	<i>Rallegrare</i>
<b>Save up (for sthg,to do sthg)</b>	<i>Save money to buy sthg</i>	<i>Dan is saving up for a trip round the world</i>	<i>risparmiare</i>
<b>Clear up</b>	<i>Become bright (for the weather)</i>	<i>It was raining when I got up,but it cleared up during the morning.</i>	<i>Schiarire Il tempo</i>
<b>Blow up (Active Form)</b>	<i>Explode</i>	<i>The engine caught fire and blew up</i>	<i>Esplodere</i>
<b>Blow sthg up (Passive Form)</b>	<i>Destroy it with a bomb etc.</i>	<i>The bridge was blown up during the war</i>	<i>È esploso</i>
<b>Tear sthg up</b>	<i>Tear into pieces,to rip</i>	<i>I didn't read the letter.I just tore it up and threw it away</i>	<i>Strappare</i>
<b>Beat smbd up</b>	<i>Hit someone repeatedly so that they're badly hurt</i>	<i>A friend of mine was attacked and beaten up a few days ago.He was badly hurt and had to go to hospital.</i>	<i>Picchiare</i>
<b>Break/Split up (with smbd)</b>	<i>To separate</i>	<i>I'm surprised to hear that Sue and Paul have split up.They seemed very happy together.</i>	<i>Dividere ,separare</i>
<b>Do up (a coat/a shoelace/buttons)</b>	<i>Fasten ,til</i>	<i>It's quite cold.Do up your coat before you go out</i>	<i>Allacciare</i>

<b>Do up</b> (a room,a building)	Repair and improve it,Renovate	The Kitchen looks great now that is has been done up	Rinnovare
<b>Look sthg up</b> (in a dictionary/encyclopedia)	Check sthg,to consult	If you don't know the meaning of a word,you can look it up in a dictionary	Cercare
<b>Put up with sthg</b>	Tolerate it,to bear,with stand.	We live on a busy road,so we have to put up with a lot of noise from the traffic.	Sopportare
<b>Hold up</b> (a person,a plan)	Delay	Don't wait for me.I don't want to hold you up	Fare ritardare qualcuno
<b>Mix up/get people mixed up</b> (people,things)	Get confused	The 2 brothers look very similar many people mixed them up	Confondere
<b>Away</b>	Away from home	We're going away on holiday today	Andare via
<b>Away</b>	Away from a place,a person	The woman got into the car and drove away	Andare via da un posto/persona
<b>Back</b>	Back home	We'll be back in 3 weeks	Ritornare a casa
<b>Back</b>	Back to place,a person	Afer eating at a restaurant,we walked back to our hotel	Ritornare in un posto
<b>Get away</b>	Escape,leave with difficulty	We tried to catch the thief,but he managed to get away	Scappare
<b>Get away with sthg</b>	Do sthg wrong without being discovered	I parked in a no-parking zone,but i got away with it	Non essere scoperti
<b>Keep away (from)</b>	Don't go near	Keep away from the edge of the pool.You might fall in	Tenersi a distanza
<b>Give sthg away</b>	Give it smbd else because you don't want it any more	Did you sell your old computer?No,I gave it away	Dare via
<b>Put sthg away</b>	Put in the place where is kept,usually out of sight	When the children had finished playing with their toys,they put them away	Rimettere a posto
<b>Throw sthg away</b>	Put it in the rubbish	I kept the letter,but I threw away the envelope	Buttare via
<b>Wave/Smile/Shout/Write/Hit smbd + BACK</b>	Return a wave,smile, shout etc.	I waved to her and she waved back	Scambiare un sorriso,un saluto
<b>Call/Phone/Ring smbd + BACK</b>	Return a phone call etc	I can't talk to you now.I'll call you back in 10 minutes	Ritelefonare
<b>Get back</b> (to smbd)	Reply to them by phone etc.	I sent him an e-mail,but he never got back to me	Restituire la chiamata
<b>Look back</b> (on sthg)	Think about sthg that happened in the past,reminescence	My first Job was in a travel agency.I didn't like it very much but,looking back on it,I learnt a lot	Ricordare
<b>Pay back</b> (money)	To return money	If you borrow money,you have to pay it back	Restituire soldi
<b>Pay smbd back</b>	To return money at someone	If you borrow money,you have to pay it back	Restituire soldi

<b>PHRASAL VERBS</b>	<b>SYNONYM</b>	<b>EXAMPLE</b>	<b>TRANSLATION</b>
<b>Get on</b>	To board	The bus was full. We couldn't get on.	Salire
<b>Drive off</b>	To leave from a place	A woman got into the car and drove off.	Partire da un posto
<b>Come back</b>	To return	Sally is leaving tomorrow and coming back on Saturday.	Ritornare
<b>Turn round</b>	Change direction	When I touched him on the shoulder, he turned round.	Girarsi
<b>Break down</b>	Stop functioning, working, Operating.	Sorry I'm late. The car broke down.	Smettere di funzionare, guastarsi.
<b>Look out</b>	Be careful, be ware	Look out! There's a car coming	Fare attenzione
<b>Take off</b>	To depart	It was my first flight. I was nervous as the plane took off.	Partire (con l'aereo)
<b>Get on</b>	To progress	How was the exam? how did you get on?	migliorare
<b>Get by</b>	To manage	My french isn't very good, but it's enough to get by.	Farcela, sopravvivere
<b>Run away (from)</b> -litteral -metaphorical	To escape, to flee (fuggire).	Why did you run away from me?	Scappare via
<b>Keep up (with)</b>	Have the same pace (ritmo)	You're walking too fast. I can't keep up with you.	Avere lo stesso ritmo
<b>Look up (at)</b>	Raise your eyes, to check (in a dictionary).	We looked up at the plane as it flew above us.	Alzare gli occhi
<b>Look forward (to)</b>	To feel excited about sthg that is going to happen	Are you looking forward to your holiday?	Non vedere l'ora
<b>Get in</b>	To enter	How did the thieves get in?	entrare
<b>Let yourself in</b>	Allow someone to enter	Here's a key, so you can let yourself in.	Concedere a qualcuno di entrare
<b>Dive in</b>	To plunge	Sally walked up to the edge of the pool and dived in.	tuffarsi
<b>Move in</b>	Transfer one's belongings to a new	I've got a new flat. I'm moving in on Friday	Traslocare, spostarsi
<b>Check in</b> (hotel, airport)	To present document	As soon as I got to the airport, I checked in.	Registrarsi, presentarsi.
<b>Walk out</b>	To leave abruptly	He just stood up and walked out.	Uscire fuori, andarsene
<b>Lock out</b>	Be unable to enter	I had no key, so I was locked out.	Essere chiuso fuori.
<b>Climb out</b>	Exit with difficulty	She swam up and down the pool, and then climbed out.	Uscire, saltare fuori con difficoltà.
<b>Check out</b>	Give back the document.	(at a hotel) What time do we have to check out?	Liberare la camera
<b>Drop/call in</b>	Visit sbd for a short time without arranging to do this.	I dropped in to see Chris on my way home.	Fare una breve visita a qualcuno.
<b>Join in</b>	Take part in an activity that is already going on.	We're playing a game. Why don't you join in?	partecipare
<b>Plug in</b>	Connect it to the electricity supply	The fridge isn't working because you haven't plugged it in	Connettere la spina alla corrente

<b>Fill in (U.K) Fill out (U.S.A)</b>	Write the necessary information on a form	Please fill in the application form and send it to us by 28 february.	Completare un documento.
<b>Take smbd in</b>	Deceive somebody (ingannare)	The man said he was a policeman and I believed him. I was completely taken in.	Ingannare
<b>Eat out</b>	Eat at a restaurant,not at home	There wasn't anything to eat at home, so we decided to eat out.	Mangiare fuori
<b>Drop out</b>	Stop before you have completely finished	Gary went to university but dropped out after a year	Ritirarsi,abbandonare
<b>Get out</b>	Avoid doing it,don't have to do sthg any longer.	I promise i'd go to the wedding. I don't want to go, but I can't get out of it now.	Evitare di dover fare qualcosa.
<b>Cut sthg out</b>	To remove sthg from a paper or a magazine,specially pictures.	There was a beautiful picture in the magazine, so I cut it out	Tagliare per ricavare un'immagine,un articolo
<b>Leave sthg out</b>	Omit it,not include it	In the sentence "She said that she was ill",you can leave out the word "that"	omettere
<b>Cross/rub sthg+out</b>	To draw a line through to exclude.	Some of the names on the list had been crossed out	cancellare
<b>Go out</b>	Block out	Suddenly all the lights in the building went out.	Smettere di funzionare
<b>Put out(a fire,a cigarette,a light)</b>	To extinguish	We managed to put the fire out.	Spegnere il fuoco.
<b>Turn out (a light)</b>	Turn off the light	I turned the lights out before leaving.	Spegnere la luce.
<b>Blow out</b>	ONLY CANDEL Stop sthg burning.	We don't need a candle.You can blow it out.	Spegnere una candela
<b>Work out</b>	Do physical exercises	Rachel works out at the gym three times a week	Fare esercizio fisico
<b>Work out</b>	Develop,progress.	Good luck for the future.I hope everything works out well for you	Andare per il meglio
<b>Work out (mathematical calculations)</b>	To result	The total bill for 3 people is £28.80 each.	Ammontare (fa + N°)
<b>Work sthg out</b>	Calculate,think about a problem and find the answer.	345 x 76?I need to do this on paper.I can't work it out in my head.	Calcolare a mente
<b>Carry out (order, experiment,survey)</b>	Do sthg and finished it	Soldiers are expected to carry out orders.	Esequire,portare a termine.
<b>Fall out (with smbd)</b>	Stop being friends	They used to be very good friends.I'm surprised to hear that they have fallen out	Non essere più amici.Rompere legami d'affetto.
<b>Find out + THAT/WHAT /WHEN/WHO etc.</b>	Get information	The police never founwho committed the murder.	Scoprire
<b>Give/hand (things) out</b>	Give to each person,to distribute to people.	At the end of the lecture,the speaker gave out information sheets to the audience.	Distribuire
<b>Point sthg out (to smbd)</b>	Draw attention to sthg	I didn't realise I'd make a mistake until somebody	Far notare qualcosa a qualcuno.

		pointed it out to me.	
<b>Run out (of sthg)</b>	Finish completely sthg of important	We ran out of petrol on the motorway	Rimanere a secco,finire completamente qualcosa.
<b>Sort sthg out</b>	Find a solution to,put sthg in order.	There are a few problems we need to sort out.	Risolvere un problema,mettere in ordine.
<b>Turn out to be</b>	To have right	Nobody believed Paul at first,but he turned to be right.	Risultare (avere ragione)
<b>Turn out+good/nice</b>	To improve only with the weather	The weather wasn't so good in the morning,but it turned out nice later.	Farsi bello,cambiare in meglio
<b>Turn out+that</b>	To result	I thought they knew each other,but it turned out that they'd never met.	È andata a finire che (in positivo o in negativo)
<b>Try out (a machine,a system)</b>	Test it to see if it is OK	The company is trying out a new computer system at the moment.	Provare,controllare,verificare.
<b>Go on</b>	happen	What's all that noise? what's going on?	Accadere
<b>Call sthg off</b>	Cancel it	The open air concert had to be called off because of the weather.	Cancellare
<b>Put sthg off</b>	Delay it, postpone	The wedding has been put off until January	Rimandare
<b>Put off (doing sthg)</b>	Delay it ,postpone	We can't put off making a decision.we have to decide now	Rimandare
<b>Put on</b>	Wear,get dressed	My hands were cold,so I put my gloves on	Indossare
<b>Put on (weight)</b>	Get heavier	I've put on 2 kilograms in the last month.	Ingrassare
<b>Try on (clothes etc)</b>	To see if they fit,to see if the size is ok.	I tried on a jacket in the shop,but it didn't fit me very well.	Provare per vedere se la misura è giusta
<b>Take off (clothes etc)</b>	remove	It was warm,so I took off my jacket	Togliere
<b>Be off (to a place)</b>	To set on a journey for going to	Tomorrow I'm off to Paris. I'm off on holiday.	Partire (avere intenzione)
<b>Walk,Run Drive,Ride + off go</b>	Walk away Run away	Diane got on her bike and rode off.	Andare via etc.
<b>Set off</b>	Start a journey	We set off very early to avoid the traffic.	Iniziare un viaggio
<b>Take off</b>	Leave the ground (for planes)	After a long delay the plane finally took off.	Decollare
<b>See sbd off</b>	Go with them to the airport/station to say goodbye	Helen was going away.We went to the station with her to see her off.	Salutare
<b>Drive Walk + on play</b>	Continue walking/driving/playing etc	Shall we stop at this petrol station or shall we drive on to the next one?	Continuare a camminare etc.
<b>Go on</b>	Continue	The party went on until 4 o'clock in the morning. The show must go on.	Continuare
<b>Go on/carry on + doing sthg</b>	Continue (doing something)	I don't want to carry on working here.I'm going to look for another job.	Continuare a fare qualcosa